

Organisation	Resource information	Link / Contact information
Birmingham City Council	BCC has produced guidance on several schemes now available to Birmingham residents to tackle fuel poverty, from the free installation of central heating to switching energy suppliers, support with fuel debts, energy-saving measures, energy-efficient appliances and more.	BCC guidance
Disability Resource Centre	DRC's Energy Efficiency Advice Service provides energy-related information and advice to disabled people and people with long-term health conditions in Birmingham Black Country and South Staffordshire. DRC also deliver workshops in the community to allow people to become efficient and effective energy consumers.	DRC website Telephone: 03030 402040
Government Digital Services	GOV.UK offer a service which provides recommendations for home improvements that could make your property cheaper to heat and keep warm or contact Simple Energy Advice for information over the phone.	Find ways to save energy in your home Telephone: 0800 098 7950
Organisation	Resource	Link
Staying warm and well in cold weather		
Age UK	Age UK has produced guidance on keeping well this winter, including information on staying healthy, keeping spirits up, managing money, looking after each other, preparing for severe weather and getting the flu jab.	Age UK guidance
Birmingham City Council	BCC has produced guidance on staying safe during severe weather, including dedicated information on winter weather, thunderstorms and lightning, and gales and high winds.	BCC guidance
Groundswell	Groundswell has produced a winter health leaflet for people experiencing homelessness.	Groundswell leaflet
Met Office	<p>The Met Office has produced a range of seasonal advice to help deal with the worst weather throws at us, including guidance on travel, your home, health and wellbeing, your community and being weather-ready for winter.</p> <p>The Met Office has also produced a list of guidance on a series of simple and cheap #WeatherHacks that can help you prepare for the winter weather.</p>	Met Office guidance Winter #WeatherHacks
NHS	The NHS has produced guidance on how to stay well in winter and this information is available in large print, audio, British Sign Language and easy-read versions.	NHS guidance
SignHealth	SignHealth has produced flu vaccine guidance in British Sign Language and regularly produces COVID-19 guidance in British Sign Language.	SignHealth flu guidance SignHealth COVID-19 guidance
UK Health Security Agency (UKHSA)	<p>The UKHSA has produced guidance and resources to help people keep warm and well in cold weather, including information on keeping you and your home warm and financial support, looking after yourself and others and preparing your home for winter.</p> <p>Additionally, UKHSA and Age UK have produced a leaflet on top tips for keeping warm and well this winter.</p>	UKHSA guidance